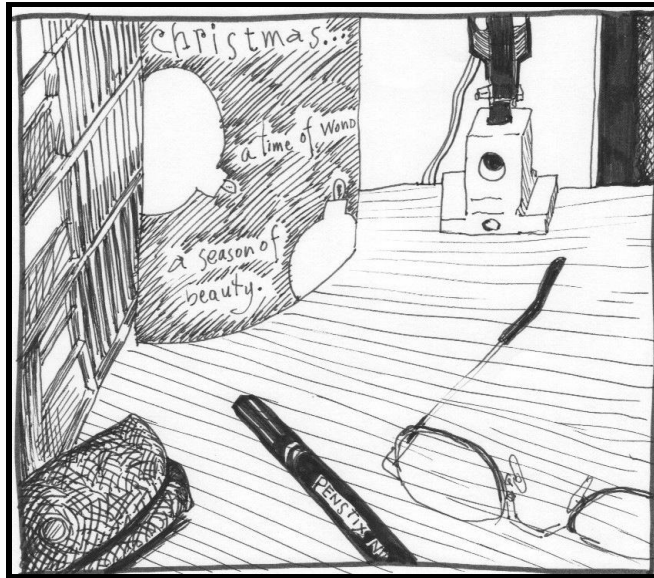
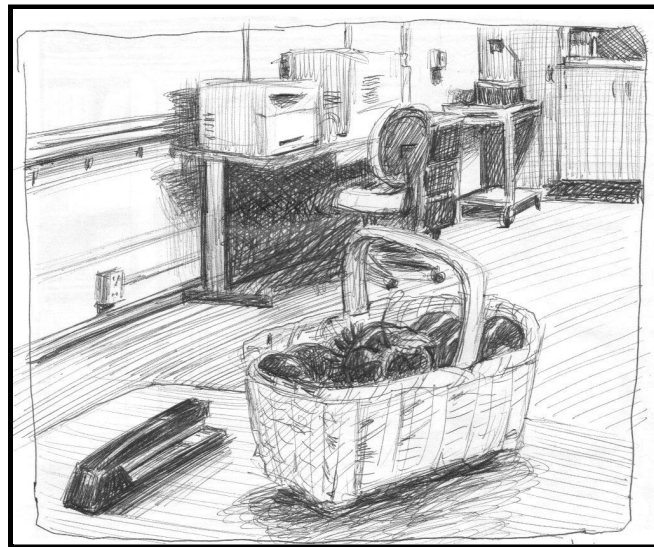




Pen & Ink drawing by Heather C. Williams



Pen & Ink drawing by Heather C. Williams

“We are *BEINGS* - NOT *things*!”

By Heather C. Williams, H.W.M.

High Watch Mentor in The Prosperos School of Ontology

Author of Drawing as a Sacred Activity

First: What is a “THING”?

The dictionary says, a “THING” is an inanimate, material object distinct from a living, sentient “BEING”.

I’m sure you’ll agree with me that you can’t even count all the “THINGS” that you see in your world! Take a moment to look at the THINGS in my drawings. I saw these THINGS where I once worked: *chair, basket, pen, glasses, stapler, computer, table, wall, books, floor*. Now - take one moment to STOP and look around at YOUR world. What are some THINGS that you see?

Think about this: EveryTHING you see is serving a purpose in your mind or consciousness. Your world reflects your consciousness. My world reflects mine. The THINGS we see reflect our beliefs, decisions, choices. Take a moment and feel gratitude for your beliefs, for your decisions and choices that are now serving you in the present moment. And if you have a problem with a THING - you can gripe, moan, complain OR you can get curious and desire to learn more about your True Identity - that you are a *BEING* NOT A THING. Keep reading!

Second: What is a “BEING”?

The dictionary says that a “BEING” is a living, sentient life form. The word ‘sentient’ means: able to perceive, be aware, conscious and to feel things.

So, staplers, computers, tables, shoes and chairs are inanimate, material THINGS. They are unable to perceive; to feel; to be aware; to be sleepy or awake.

BEINGS are living, breathing forms aware (to some degree) of the world around them. A dog, like my dog Katie, is a BEING. Her eyes recognize me and her tail wags when she sees me coming home. Trees (like the lovely eucalyptus tree I drew at the Los Angeles airport) are BEINGS. Trees absorb carbon dioxide and release oxygen; they share nutrients in the soil with other trees through their root systems and produce seeds which grow, blossom, fall to the ground and then take root and become new trees.

Dogs, trees, cats, flowers, animals, birds are all BEINGS. Humans also are BEINGS. However, humans are BEINGS with abilities that trees and animals do not possess. For example, we are able to review our past, recognize errors and solve problems. We can create things never seen before. And we are waking up and becoming aware of ourselves as CONSCIOUSNESS!



Prismacolor Pencil “Katie” by Heather C. Williams



Pen & Ink Drawing by Heather C. Williams

Our True Identity is CONSCIOUSNESS - MIND

The dictionary says that CONSCIOUSNESS is a state of being awake and aware.

Look at the woman in drawing #1. She appears to be leaning to one side seductively feeling, dreaming or maybe remembering something delicious. Look at the portraits. Each face expresses a unique awareness or feeling: curiosity, hesitation, anger.

Our bodies follow survival patterns much like animals. Our blood flows constantly carrying nutrients wherever needed; our fingernails and hair grow; our stomach digests food; our eyes widen with curiosity and narrow down with anger.

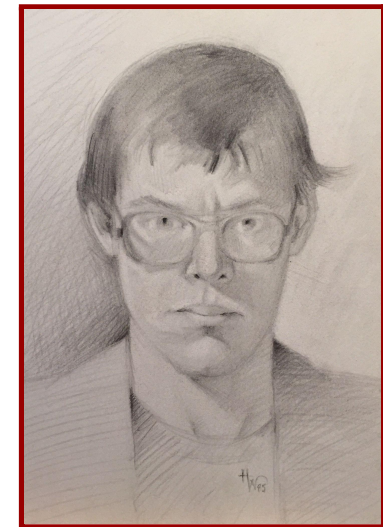
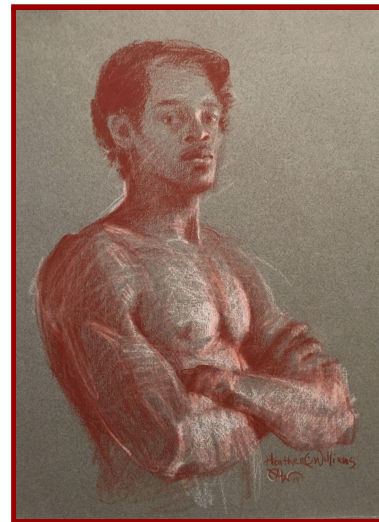
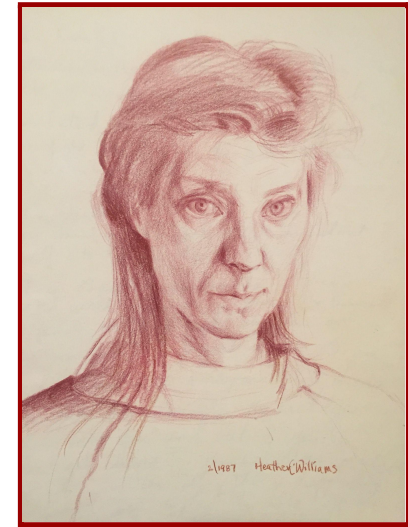
But our MIND, our CONSCIOUSNESS, is far more than our body. Our MIND guides our body. The unconscious MIND can imprison us in the ancient, animal-like fear/aggression reactive pattern. But with CONSCIOUS WORK - the MIND can free us from the old unconscious patterns and habits. **You have choice!**

Learn more! See last page

June 12 & 13 - Advance Seminar Class

with Heather C. Williams, H.W.,M. (High Watch Mentor)

<https://www.theprosperos.org/prosperos-events/advance-seminar>



See more drawings by Heather C. Williams on her website:

www.drawingtogether.com

Advance Seminar Class

with THANE and Heather C. Williams, H.W.,M. (High Watch Mentor)

DATE: Saturday and Sunday - June 12 & 13

4 hours each day

Time: 8:00 am Pacific/9:00 am Mtn/10:00 am Central/11:00 /Eastern

Fee: \$65 new; \$45 review

Learn more and register for class:

<https://www.theprosperos.org/prosperos-events/advance-seminar>

1. We'll explore history, (Gerald Heard's 5 Ages of Man), and learn how humans tend to follow herd-consciousness. *"Until you make the unconscious conscious, it will direct your life and you will call it fate."* ~ Carl Jung
2. You are a being NOT a thing! The greatest threat today is the Untrained Thinker...the fearful reactor. Our world today is filled with STRESS due to the incredibly rapid advance of technology which fills our mind with far more information than we know what to do with. *"If knowledge gets far ahead of being, it becomes theoretical, abstract and inapplicable to life. The level of knowledge is determined by the level of being."*
3. You will learn that your ego is a reducing valve constructing your personal world. Yet, you are far more than your ego.
4. Let us understand that our True Identity is Consciousness MIND - and as you work with an impassioned discipline - you open your MIND and experience METANOIA!
5. NOW is the time for us to BE MINDFUL of our True Identity as CONSCIOUSNESS!

